



Growth Mindset Teacher – Course Outline

This course outline gives the broad objectives for each section of *The Growth Mindset Teacher*.

Times shown indicate the approximate run time for the videos in each section and lesson. As a rough guide you should **allow up to double the indicated time** for each lesson to watch the video, engage in personal reflection, access additional resources provided, pose questions or engage in online discussions.

Welcome to the Course

Total run time: 9 minutes total

This short welcome and introduction to the course sets the scene for our future learning by challenging teachers to think about their own views about students abilities and how they currently engage with Mindsets in the classroom.

Are you a Good Teacher?	3 minutes
Don't Start doing Growth Mindset	1 minute
A Challenge – how do you view your student's abilities?	5 minutes

About Mindsets

Total run time: 40 minutes

This section outlines our understanding of Mindsets, challenging some of the common social media misconceptions. Importantly it introduces the idea of the Greatness Gap as the root of the fixed mindset, and introduces the concept of Learning Agility as a means of understanding how we achieve the Growth promised by the Growth Mindset.

The Fixed and Growth Mindset	11 minutes
What is Success	7 minutes
Who do you consider successful?	Activity
The Greatness Gap	5 minutes
Good Will Hunting	3 minutes
A Growth Mindset – the invitation to grow.	4 minutes
Understanding V's Belief	6 minutes
Learning Agility	4 minutes

Five Truths about Talent

Total run time: 1 hour 45 minutes

This section explores the 5 Truths about Talent, how understanding these then guides our Growth Mindset pedagogy and how misunderstanding them creates the Fixed Mindset. We explore the Habits of Mind and Effective Effort as key elements to achieving growth.

Intro to the Five Truths	4 minutes
Innate Abilities to Acquisition of Excellence	17 minutes
Race Cars and Driving Skills	7 minutes
Where does Talent Come from?	12 minutes
The Importance of Back Stories	8 minutes
Practice and Mistakes	12 minutes
Potential and Brain Plasticity	14 minutes
Naturals and the story of Mozart	10 minutes
Habits of Mind – making hard things easier	14 minutes
Understanding Effective Effort	12 minutes
More about Effort	3 minutes
This is Talent	4 minutes
But wait – you can't have everything	5 minutes

Changing Mindsets

Total run time: 1 hour

This section delves deeply into the idea of mindsets and how we change them. We introduce the Mindset Continuum as well as how we create positive (and negative) Mindset Movers through our pedagogy. Importantly we explore the False Mindset and how it has the potential to undermine all our work with Growth Mindset.

Robust and Enduring Mindsets	4 minutes
The Fixed Mindset is not Lazy	6 minutes
Beware the False Mindset	7 minutes
The Mindset Continuum and Mindset Movers	6 minutes
What success with Growth Mindset will look like	6 minutes
Process and Growth over Content and Standards	6 minutes
Creating Positive Mindset Movers	3 minutes
Structuring Rewards as Mindset Movers	21 minutes
Rubrics from a Growth Mindset perspective	3 minutes
Pedagogy of the Growth Mindset teacher	3 minutes

Common Questions & Insightful Stories

Total run time: 1 hour

This section adds depth and elaboration to the lessons above. It responds to common questions and challenges and gives deeper insight into key lessons.

What about Motivation?	5 minutes
The Dangers of Categories	3 minutes
Experience V's Expertise	4 minutes
Fear Mindset and Courage Mindset	3 minutes
Regrets	1 minute
Music Lesson – a personal story of a negative mindset mover	7 minutes
What about student grouping (aka streaming)	5 minutes
What if I don't want to?	2 minutes
Categorisation – the danger of personality tests.	3 minutes
Perfect Pitch	4 minutes
Forward Stories	2 minutes
Students with Special needs	3 minutes
A Perfect Storm	2 minutes
More about Practice	11 minutes

The Big Picture

This brief but powerful conclusion to the course is a call to action. It speaks to the pressing and growing need to develop Learning Agility in students in order that they are able to successfully confront the challenges of the 21st Century and beyond.

The Big Picture

5 minutes
